

April Newsletter



Morden Activity Centre

The geese are here, which could only mean one thing! Spring is here to stay. Our Easter Meal will be on April 5th, our regular "Meet the Council" meeting is cancelled for April. Instead, the council will be joining our meal participants on April 5th.

Mark your calendars:

April 5th - Easter lunch & Entertainment

April 10th - Meal moved to Boardroom - Jam session, Pickleball & Table Tennis cancelled.

April 11th - Turkey Shoot

April 18th - Meal moved to Boardroom. Line Dancing, Pickleball & Table Tennis cancelled.

April 19th - Volunteer Appreciation



Reminder, all memberships expire on March 31st, 2024. Buying a membership offers a way to support the centre while receiving discounted rates on programming.



VOLUNTEER APPRECIATION

MOVIE AFTERNOON

19 APRIL
1:00 PM

CALL FOR MORE DETAILS OR STOP IN

April Calendar of Events

Stop in or contact us to register for programs. Please check our website for the most up to date scheduling at mordenseniors.ca

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Fitness ● 10:00am Birthday Club ● 1:00pm Cribbage Games 	<p>2</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Watercolour Pen ● 9:30am Line Dance - FULL ● 1:00pm Floor Curling Auction ● 6:30pm Beginner Dance ● 7:30pm Pattern Dance 	<p>3</p> <p style="background-color: #f08080; padding: 2px;">Art Hive 10-11:30 AM</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Pickleball & Table Tennis ● 1:00pm Floor Shuffleboard ● 6:30pm Active Friends and Family 	<p>4</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 10:00am Line Dancing - FULL ● 12:00pm Floor Shuffle ● 1:00pm Duplicate Bridge ● 1:00pm Pickleball & Table Tennis 	<p>5</p> <p style="background-color: #ff4500; padding: 2px;">Easter</p> <p style="background-color: #ff4500; padding: 2px;">Reimagine Aging Board Room</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 10:00am Art - Dining Area ● 1:00pm Cribbage afternoon
<p>8</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Fitness ● 1:00pm Cribbage Games 	<p>9</p> <p style="background-color: #f08080; padding: 2px;">Home & Vehicle Safety with</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:30am Line Dance - FULL ● 1:00pm Floor Curling Auction ● 6:30pm Beginner Dance ● 7:30pm Pattern Dance 	<p>10</p> <p style="background-color: #add8e6; padding: 2px;">Cancelled - Healing Power</p> <p style="background-color: #add8e6; padding: 2px;">Lunch & Learn 12:00 - 1:00</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 6:30pm Active Friends and Family 	<p>11</p> <p style="background-color: #ff4500; padding: 2px;">Turkey Shoot</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 10:00am Line Dancing - FULL ● 1:00pm Duplicate Bridge ● 1:00pm Pickleball & Table Tennis ● 6:30pm Watercolour Painting 	<p>12</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Pickleball & Table Tennis ● 10:00am Art - Dining Area ● 1:00pm Cribbage afternoon
<p>15</p> <p style="background-color: #f08080; padding: 2px;">Grief and the 3 C's (Boardroom)</p> <p style="background-color: #f08080; padding: 2px;">Unsyncable-Auditorium 12:00-1:00</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Fitness ● 1:00pm Cribbage Games 	<p>16</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Watercolour Pen ● 9:30am Line Dance - FULL ● 1:00pm Floor Curling Auction ● 6:30pm Beginner Dance ● 7:30pm Pattern Dance 	<p>17</p> <p style="background-color: #f08080; padding: 2px;">Active Aging - Healthy Mouth</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Pickleball & Table Tennis ● 1:30pm History ● 6:30pm Active Friends and Family 	<p>18</p> <p style="background-color: #add8e6; padding: 2px;">Cancelled - Line Dancing *</p> <p style="background-color: #add8e6; padding: 2px;">Cancelled Pickleball & Table Tennis</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 1:00pm Duplicate Bridge 	<p>19</p> <p style="background-color: #f08080; padding: 2px;">Art Hive 2:30-4 PM</p> <p style="background-color: #ff4500; padding: 2px;">Volunteer Appreciation</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Pickleball & Table Tennis ● 10:00am Art - Dining Area ● 1:00pm Cribbage afternoon
<p>22</p> <p style="background-color: #f08080; padding: 2px;">Care Partner Support Group</p> <p style="background-color: #f08080; padding: 2px;">Lungtivity-Auditorium-Karen</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Fitness ● 1:00pm Cribbage Games 	<p>23</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:30am Line Dance - FULL ● 1:00pm Floor Curling Auction ● 6:30pm Beginner Dance ● 7:30pm Pattern Dance 	<p>24</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Pickleball & Table Tennis ● 1:30pm Healing Power of Music ● 6:30pm Active Friends and Family 	<p>25</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 10:00am Line Dancing - FULL ● 1:00pm Duplicate Bridge ● 1:00pm Pickleball & Table Tennis 	<p>26</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Pickleball & Table Tennis ● 10:00am Art - Dining Area ● 1:00pm Cribbage afternoon
<p>29</p> <p style="background-color: #f08080; padding: 2px;">Lungtivity-Auditorium-Karen</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Fitness ● 1:00pm Cribbage Games 	<p>30</p> <ul style="list-style-type: none"> ● 8:30am Snooker ● 8:45am Morning Cribbage ● 9:00am Watercolour Pen ● 9:30am Line Dance - FULL <li style="background-color: #ff4500; padding: 2px;">● 1:00pm Beginner Contra ● 1:00pm Floor Curling Auction ● 6:30pm Beginner Dance ● 7:30pm Pattern Dance 	<div style="border: 2px solid black; padding: 10px;"> <p style="background-color: #add8e6; padding: 2px; margin-bottom: 5px;">MAC PROGRAMMING</p> <p style="background-color: #f08080; padding: 2px; margin-bottom: 5px;">SFS EVENTS & PROGRAMMING</p> <p style="background-color: #ff4500; padding: 2px; margin-bottom: 5px;">MAC EVENTS</p> </div>		<div style="border: 2px solid black; padding: 10px;"> <p style="background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">\$4.00 MEMBERS & \$7.00 NON-MEMBERS</p> <p style="background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">USUALLY FREE - CALL TO CONFIRM</p> <p style="background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">SEE ADVERTISEMENT FOR DETAILS</p> </div>

Upcoming Events

Check mordenseniors.ca for the most current information, including cancellations and updates.



Meet Mervat Atallah Morden Activity Centre, Meal Coordinator



Mervat started volunteering at Morden Activity Centre in 2023 in administration. Mervat was very reliable and helped us catch up on paper and digital filing. In November, Mervat was our interim administrative assistant and in the new year, Mervat was hired as a casual meal coordinator. This has been a very hard position to fill and we are so thankful to have Mervat training in all three kitchens. Mervat is originally from Egypt, she moved to Canada 1 November 2022, with her husband and two boys.

Monthly Volunteer Appreciation Decorating Committee

Do we ever have a great decorating committee! Ever wonder who helped set the tables and add the centre pieces at our events? Our wonderful decorating committee! (Run by Karon Pentland). We are always looking for more members interested in helping out. **BIG thank-you** to Evelyn Currie, Bev Link, Arlean Jordyn, Shirley Titchkosky, and Catherine Evenson. **Thank you** to those who help out regularly, occasionally, or just lend a helping hand without being asked. We appreciate each and everyone of you!

Services for Seniors

Open Monday to Friday 8:30 AM — 4:30 PM

- ♦ Looking to file your income taxes in April? Call us at 204-822-5663 to see if you are eligible for our FREE Income Tax Clinic. Book your appointment today!
- ♦ **Did you know we rent medical equipment for a low cost?** Call 204-822-5663 and ask about MELS!

New Programming! A **FREE Art Hive** lead by Yael Fehr, a diploma student in Expressive Arts Therapy at the WHEAT Institute. No registration, all supplies provided. An Art Hive is a community art studio that welcomes all to learn, explore and share in the creation of art, regardless of skill or ability. This activity allows for dialogue and engagement with others in the community.

Call Services for Seniors today to learn about volunteer opportunities!

204-822-5663

or

mordensfs@gmail.com



Upcoming Events

- April 5 @ 10:00 AM — Reimagine Aging: Session 6**
- April 9 @ 11:00 AM — Home & Vehicle Safety** (Constable Jeff Forster)
- April 10 @ 12:00 PM — Lunch & Learn** (Constable Jeff Forster)
- April 15 @ 12:00 PM — Unsyncable Film Showing**
- April 15 @ 1:30 PM — Grief and the 3 C's** (BTHC Palliative Care program)
- April 17 @ 1:00 PM — Healthy Mouth** (Active Aging in Manitoba)
- April 19 @ 2:30 PM — Art Hive** (Yael Fehr)
- April 22 @ 10:00 AM — Care Partner Support Group**
- April 22 @ 1:00 PM — LUNGtivity** (Karen McElroy)
- April 24 @ 1:30 PM — Healing Power of Music**
- April 29 @ 10:00 AM — LUNGtivity** (Karen McElroy)



United Way
Pembina Valley



**Pembina Valley United Way donated \$3,650
towards improving our website.**

We know many seniors are isolated to their homes, who check our website or their family members out of province keep up to date using our website. Our goal is support seniors living independently for as long possible. When we are able to improve our communications, we can remove one more obstacle.

SAINT PATRICK'S DAY FUN!



THANK YOU!



April BIRTHDAYS

Fay Caruthers	Pat Hamm	Jan Smail
Margaret Cove	Paul Link	Paulette Switzer
John Dormer	Wayne Motherall	
Linda Fehr	Dorothy Penner	
Nan Feiber	Inger Reid	Thora Titchkosky

Memberships runs from April 1st - March 31st.

***Inclement weather cancellations can be found on Pembina Valley Online.
Thank you Pembina Valley Online for the continued support providing news coverage
for our Centre. We appreciate it!***



Thank you:



Board Members

Chairperson *Graham Corlett*

Vice Chair *Larry Gluck*

Secretary *Karon Pentland/Kathy Forness*

Treasurer *Shirley Mullin*

Directors for Committees

Human Resources *Graham Corlett , Carole Schofield*

Maintenance *Fred Mayor, Larry Gluck*

Social/Fundraising *Larry Gluck, Karon Pentland,
Carole Schofield,*

Policy/ Membership *Marina Brown, Jerry Dykman*

Grants *Fred Mayor*

Staff Directory

Executive Director, *Wendi Dyck*

Administration Assistant *Darlene Letkeman*

Custodian *Randy Friesen*

Services for Seniors Department:

Lead Resource Coordinator *Kaitlin Funk*

Resource Coordinator *Janis Ehnes*

Resource Coordinator *Kim Goodine*

MAC Meal Coordinator *Candice Dyck*

Legion Meal Coordinator, *Trudy Heide*

Oak West Estates Meal Coordinator *Desare Berg*

WE WANT TO HEAR FROM YOU!

Morden Activity Centre

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Morden, MB R6M 1S7

Phone: 204-822-3555

Email: mordenactivitycentre@gmail.com

Website: www.mordenseniors.ca

Look for us on social media

Social Media